

This website is no longer being updated. Please visit the [Canadian Institute for Public Safety Research and Treatment \(CIPSRT\) website](#) for up-to-date information, tools, and resources for public safety personnel.

! "\$%&' ( ) \* + , - . / : ; < = > ? @ [ \ ] ^ \_ ` { | } ~

[View Resource](#)

## Our Purpose

CIPHER, a Knowledge Hub funded by the Public Health Agency of Canada through a partnership with the Canadian Institute for Public Safety Research and Treatment (CIPSRT), curates and mobilizes the resources created by nine research projects tasked to develop resources to meet the mental health and well-being needs of Canadians most affected by the COVID-19 pandemic, including healthcare workers, public safety personnel, their families, and caregivers

[Learn more](#)



## Latest News

**HEALTHCARE SALUTE: SUPPORTING OUR HEALTHCARE SUPPORTERS DURING THE PANDEMIC**

CIPHER WEBINAR WITH FRENCH CAPTIONS PRESENTER

**DR. MARGARET C. MCKINNON**  
MARGARET C. MCKINNON, PH.D., CPsYCH | HOMEWOOD CHAIR IN

Published by **Healthcare Salute** on February 5, 2024 for **Healthcare Workers, Leaders**

**CIPHER Webinar Series: Healthcare Salute Showcase**

Mark your calendars for February 15th 2024 for an upcoming live, free webinar! We encourage you to join our 1-hour session with Dr. Margaret McKinnon to learn more about: Healthcare Salute: Supporting our healthcare supporters during the pandemic.

**CIPSRT – ICRTSP SYMPOSIUM 2024**

Together We Are Stronger: Showcasing Collaborative Efforts to Support the Wellbeing of all Public Safety Personnel (PSP).

**March 19–20, 2024 | Ottawa, ON**


on January 31, 2024 for **Public Safety Personnel**

**Together We Are Stronger: Showcasing Collaborative Efforts to Support the Wellbeing of all Public Safety Personnel (PSP)**

The Canadian Institute for Public Safety Research and Treatment (CIPSRT) is hosting a 2-day symposium/showcase that is intended to raise a greater awareness among PSP about mental health and wellbeing. Learn more here.

Tags: **Symposium**

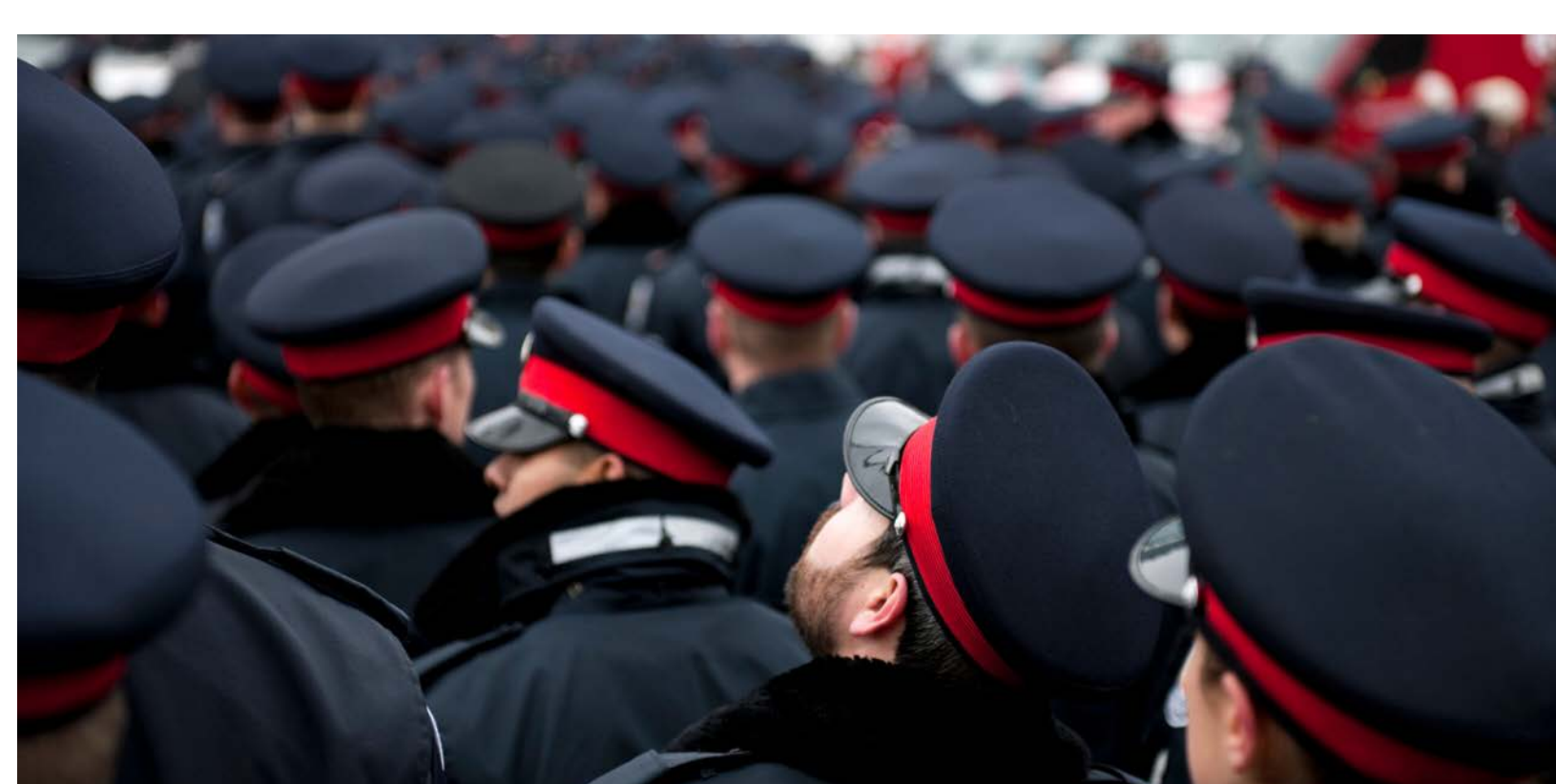
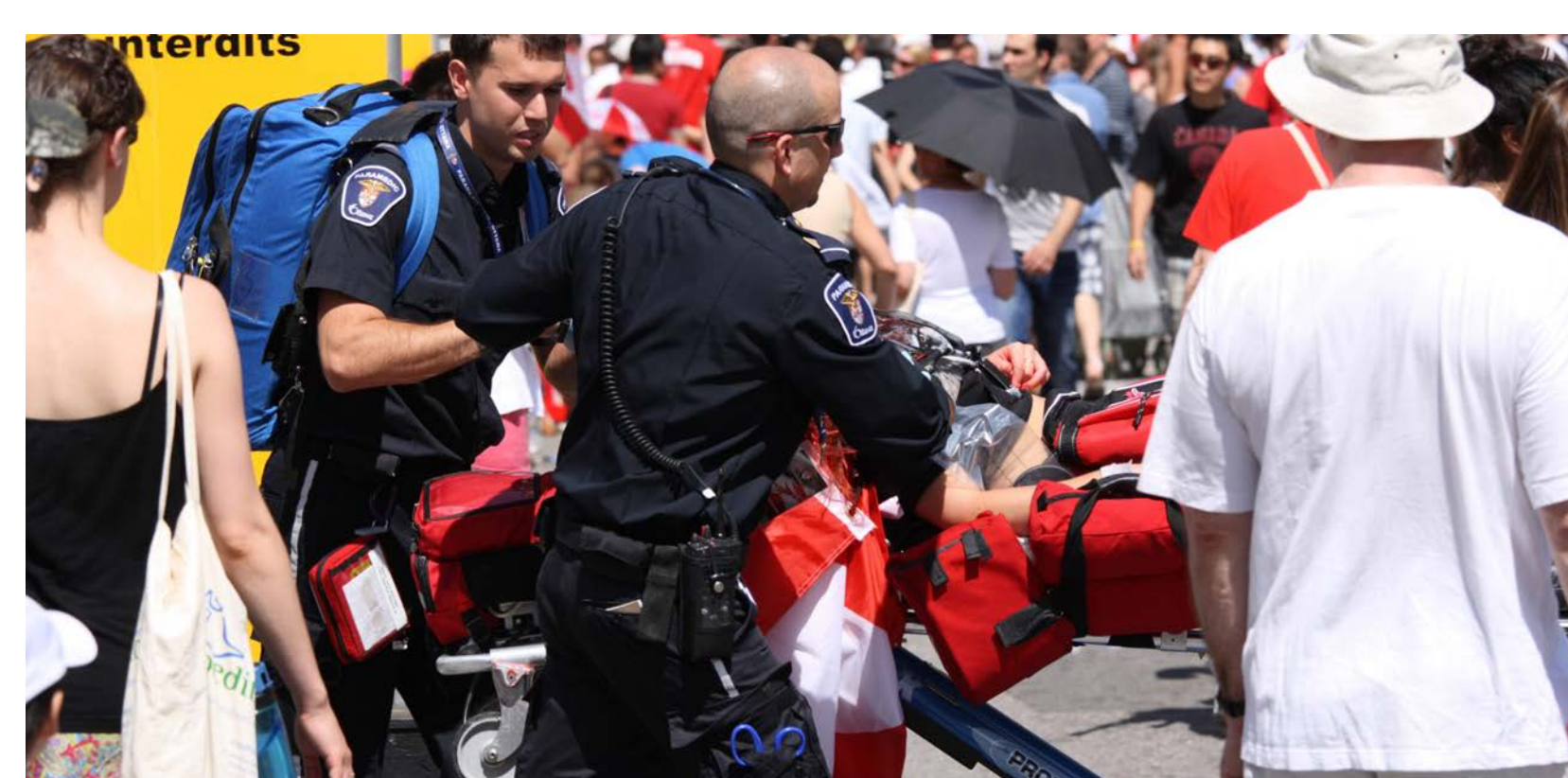
Canadian Institute for  
Pandemic Health  
Education and Response

**CIPHER**  **ICEISP**  
Institut canadien  
d'éducation et d'intervention

Published by **CIPHER** on January 31, 2024 for **Families, General Population, HCW, PSP**

**CIPHER Introduction – Audiogram**

Tags: **CIPHER**



! "#\$%&'()\*+,-

Download PDF

Tags: Prevention, Suicide Awareness

In support of Suicide Awareness Month (September), and World Suicide Prevention Day (September 10) this resource provides information to destigmatize and raise awareness about suicide and its unique impacts on public safety personnel (PSP).

For more resources and information, please consider visiting The Canadian Institute for Public Safety Research and Treatment website, and specifically the following link (note: on or after September 1st, 2024):

<https://www.cipst-ictsp.ca/en/understanding-suicide-and-public-safety-personnel>

Published by CIPHER on August 30, 2024 for First Responders, PSP

Share this resource:

