



CONFERENCE PROGRAM (Tentative)

TUESDAY MAY 6

4:00 PM – 8:00 PM | EARLY REGISTRATION & COME-AND-GO NETWORKING EVENT

WEDNESDAY MAY 7

7:00 AM – 8:30 AM | BREAKFAST & REGISTRATION

8:30 AM – 9:30 AM | CONFERENCE OPENING

9:30 AM – 10:30 AM | OPENING KEYNOTE **Tyler Smith: Perspectives After Trauma**

10:30 AM – 11:00 AM | BREAK Refreshments & Networking / Tradeshow

CONCURRENT SESSIONS	UMBRIA	TUSCANY & LOMBARDY	TRENTINO
11:00 AM – 11:30 AM	GREG ANDERSON Improving & Implementing Employee Mental Health and Wellbeing	WORKSHOP ALLISON CRAWFORD 988 for Public Safety Personnel (PSP) in Crisis	LEO GOUDAL & LARYSSA LAMROCK Peer Support Best Practices
11:30 AM – 12:00 PM	JANET ELLIS Supporting Those Who Serve Us		ROBERT STEWART Strategies for Peer Support
12:00 PM – 12:30 PM	SARAH BOURGET & ISABELLE CINDY LÉGARÉ Overview of Mental Health Among Quebec Paramedics in a Post-Pandemic Context (FR)	ALLISON CRAWFORD Services for Public Safety Personnel in Crisis	LAURA MCKENDY Working in CSC's Structured Intervention Units

12:30 PM – 1:30 PM | LUNCH & POSTER PRESENTATIONS

1:30 PM – 2:30 PM | THRIVING IN PUBLIC SAFETY WITH CIPSRT & PSPNET

2:30 PM – 3:00 PM | BREAK Refreshments & Networking / Tradeshow

CONCURRENT SESSIONS	UMBRIA	TUSCANY & LOMBARDY	TRENTINO
3:00 PM – 3:30 PM	ROBERT HAWES & NORMAN SHIELDS RCMP Presentations: <ul style="list-style-type: none">Psychological Health ScreeningThe Impact of Mental Health Conditions on Off-Duty Sick LeaveSuicides (1960 – 2024)An Action Plan to Improve RCMP Mental Health	RENÉE MACPHEE Violence Against Public Safety Personnel	CYNTHIA HAMILTON URQUHART Family and Mental Health in a Public Safety Career
3:30 PM – 4:00 PM		PANEL Violence on PSP & The Impacts on Mental Health	NATHALIE REID How <i>What about the families?</i> Led to <i>What about the kids?</i> Understanding the PSPNET Families Trajectory
4:00 PM – 4:30 PM		SEEMA SHARMA Implementing SKY Resilience within the RCMP and VPD	COLLEEN DELL PAWSitive Support

4:30 PM – 7:30 PM | NETWORKING EVENT Casino Regina Show Lounge

Live translation services are available on site

CIPSRT Conference 2025 Thriving in Public Safety: Research to Action



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HERE**



CONFERENCE PROGRAM (Tentative)

THURSDAY MAY 8

7:00 AM – 8:30 AM	BREAKFAST & REGISTRATION		
8:30 AM – 8:45 AM	CONFERENCE DAY TWO OPENING – WELCOME BACK		
8:45 AM – 9:30 AM	CLINICIANS & PSP PANEL		
9:30 AM – 10:00 AM	DANIEL BELLEGARDE & NICK JONES The Mental Health and Wellness of Police Officers in Self-Administered Police Services		
10:00 AM – 10:30 AM	BREAK Refreshments & Networking / Tradeshow		
CONCURRENT SESSIONS	UMBRIA	TUSCANY & LOMBARDY	TRENTINO
10:30 AM – 11:00 AM	AMÉLIE FOURNIER PSPNET: Identifying and Managing Your Mental Health Symptoms (FR)	MATT FOSSEY, SAM LUNDRIGAN, ARU RESEARCH TEAM UK Perspectives <ul style="list-style-type: none">• Centre of Excellence for Equity in Uniformed Public Services• Sexism and sexual harassment• Police wellbeing• Transition from public service to civilian life	MATT JOHNSTON Evidence into Action: Building Occupational Awareness Training for First Responders
11:00 AM – 11:30 AM	ANDRÉE-ANN DESCHÊNES Innovative Practices in Preventing Psychological Risks in Policing Environments (FR)		SCOTT WRIGHT A View from the Responder Community of Support Excellence
11:30 AM – 12:00 PM	ANNIE GENDRON Police Work in Indigenous Contexts: Psychological Health Challenges at Work (FR)	AMANDA GRIFFITH CONWAY Testimony after Trauma among Public Safety Personnel	HOWARD SAPERS & SANDRA KOPPERT A Path Forward: An Action Plan on Mental Health and Criminal Justice in Canada
12:00 PM – 1:00 PM	LUNCH & POSTER PRESENTATIONS		
1:00 PM – 2:30 PM	SLEEP WORKSHOP Colleen Carney: Sleeping Well for Public Safety Personnel		
2:30 PM – 3:00 PM	BREAK Refreshments & Networking / Tradeshow		
3:00 PM – 4:00 PM	CLOSING KEYNOTE Evan Bray: Practicing What We Preach in Policing; a model focused on community wellness also applies to employee wellness.		
4:00 PM – 4:30 PM	CONCLUDING REMARKS Leslie Anne Keown & Casey Ward		

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