



# CONFERENCE PROGRAM

(Tentative)

## DAY 0: May 6

4:00 PM – 8:00 PM | Early Registration & Come-and-go Networking Event

## DAY 1: May 7

|                     |   |  |   |
|---------------------|---|--|---|
| 7:00 AM – 8:30 AM   | Breakfast & Registration  |  |   |
| 8:30 AM – 9:30 AM   | Conference Opening  |  |   |
| 9:30 AM – 10:30 AM  | <b>OPENING KEYNOTE</b> Tyler Smith: Perspectives After Trauma                                     |  |   |
| 10:30 AM – 11:00 AM | <b>BREAK</b> Refreshments & Networking / Tradeshow  |  |   |
| 11:00 AM – 11:30 AM | <b>WORKSHOP</b><br><b>DR. ALLISON CRAWFORD</b><br>988 for Public Safety Personnel (PSP) in Crisis | <b>LEO GOUDAL &amp; LARYSSA LAMROCK</b><br>Peer Support Best Practices | <b>DR. GREG ANDERSON</b><br>Improving & Implementing Employee Mental Health and Wellbeing   |
| 11:30 AM – 12:00 PM |   | <b>ROB STEWART</b><br>Strategies for Peer Support*                     | <b>DR. JANET ELLIS</b><br>Supporting Those Who Serve Us   |
| 12:00 PM – 12:30 PM | <b>DR. ALLISON CRAWFORD</b><br>Services for Public Safety Personnel in Crisis                     | Corrections*   | <b>SARAH BOURGET &amp; ISABELLE CINDY LÉGARÉ</b><br>Research on Post-Trauma Interventions in Police Organizations: Which Practices to Promote? (FR)   |
| 12:30 PM – 1:30 PM  | <b>LUNCH &amp; POSTER PRESENTATIONS</b>   |  |   |
| 1:30 PM – 2:30 PM   | <b>CIPSRT: PSPNET &amp; KNOWLEDGE MOBILIZATION PRESENTATION</b>                                   |  |   |
| 2:30 PM – 3:00 PM   | <b>BREAK</b> Refreshments & Networking / Tradeshow  |  |   |
| 3:00 PM – 3:30 PM   | <b>CYNTHIA HAMILTON URQUHART</b><br>Family and Mental Health in a Public Safety Career            | <b>DR RENÉE MACPHEE</b><br>Violence Against Public Safety Personnel    | <b>DR. ROBERT HAWES &amp; DR. NORMAN SHIELDS</b><br>RCMP Presentations: <ul style="list-style-type: none"> <li>• Psychological Health Screening</li> <li>• The Impact of Mental Health Conditions on Off-Duty Sick Leave</li> <li>• Suicides (1960 – 2024)</li> <li>• An Action Plan to Improve RCMP Mental Health</li> </ul> |
| 3:30 PM – 4:00 PM   | <b>DR. NATHALIE REID*</b><br>Families   | <b>PANEL</b><br>Violence on PSP & The Impacts on Mental Health         |   |
| 4:00 PM – 4:30 PM   | <b>SEEMA SHARMA</b><br>Implementing SKY Resilience within the RCMP and VPD                        | <b>DR. COLLEEN DELL</b><br>PAWSitive Support                           |   |
| 4:30 PM – 7:30 PM   | <b>NETWORKING EVENT</b> Casino Regina Show Lounge   |  |   |

Live translation services are available on site



**REGISTER HERE**



# CONFERENCE PROGRAM

(Tentative)

## DAY 2: May 8

|                     |   |   |   |
|---------------------|---|---|---|
| 7:00 AM – 8:30 AM   | Breakfast & Registration  |   |   |
| 8:30 AM – 8:45 AM   | Conference Day Two Opening— Welcome back  |   |   |
| 8:45 AM – 9:30 AM   | <b>CLINICIANS &amp; PSP PANEL</b>   |   |   |
| 9:30 AM – 10:00 AM  | <b>DANIEL BELLEGARDE &amp; DR. NICK JONES</b><br>Indigenous Policing  |   |   |
| 10:00 AM – 10:30 AM | <b>BREAK Refreshments &amp; Networking / Tradeshow</b>  |   |   |
| 10:30 AM – 11:00 AM | <b>MATT JOHNSTON</b><br>Evidence into Action: Developing Culturally Competent Occupational Awareness Training for First Responders<br><br>FOLLOWED BY<br>Design and Evaluation of an upstream resiliency program for first responders | <b>DR. MATT FOSSEY ET AL.</b><br>International Perspectives<br>• Presentations from the UK and Australia followed by a panel discussion | <b>DR. AMÉLIE FOURNIER</b><br>PSPNET: Identifying and Managing Your Mental Health Symptoms (FR)                         |
|                     | <b>DR. SCOTT WRIGHT</b><br>A View from the Responder Community of Support Excellence  |   | <b>DR. ANDRÉE-ANN DESCHENES</b><br>Innovative Practices in Preventing Psychological Risks in Policing Environments (FR) |
|                     | <b>AMANDA GRIFFITH CONWAY</b><br>Testimony after Trauma among Public Safety Personnel   |   | <b>DR. ANNIE GENDRON</b><br>Police Work in Indigenous Contexts: Psychological Health Challenges at Work (FR)            |
| 12:00 PM – 1:00 PM  | <b>LUNCH &amp; POSTER PRESENTATIONS</b>   |   |   |
| 1:00 PM – 2:30 PM   | <b>SLEEP WORKSHOP</b> Dr Colleen Carney: Sleeping Well for Public Safety Personnel  |   |   |
| 2:30 PM – 3:00 PM   | <b>BREAK Refreshments &amp; Networking / Tradeshow</b>  |   |   |
| 3:00 PM – 4:00 PM   | <b>CLOSING KEYNOTE</b> Evan Bray: Practicing What We Preach in Policing; a model focused on community wellness also applies to employee wellness.   |   |   |

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\* To Be Confirmed