

PANEL DISCUSSION

The weight they carry

Managing the impact of moral injury on first responders and other public safety personnel

In the context of public safety, moral injury describes the psychological, emotional, and/or spiritual harm that one might experience as a result of events or situations that transgress one's deeply held morals, ethics, or values. First responders and other public safety personnel (PSP) are routinely called upon to make rapid decisions during complex crisis situations. These situations often involve multiple conflicting responsibilities, uncertainty, and ambiguity, which can have profound moral implications. A growing body of research highlights the ways that frequent exposure to one or more potentially morally injurious event (PMIE) can result in moral injury that may be associated with mental health challenges.

This panel discussion will discuss the profound impacts of moral injury on PSP, as well as emergent guidelines for supporting and treating individuals negatively impacted by the moral weight of their service.

WITH PANELISTS

Dr. Suzette Brémault-Phillips, PhD,
Professor, Faculty of Rehabilitation Medicine,
University of Alberta
Director, Heros in Mind, Advocacy and Research
Consortium (HiMARC)

Dr. David C. Malloy, PhD
President, King's University College at Western
University

Dr. Liana Lentz, PhD
King's University

MODERATED BY

Dr. Katy Kamkar, PhD, CPsych
Clinical Psychologist
Associate Professor, Department of Psychiatry, Temerty
Faculty of Medicine, University of Toronto

**Dr. R. Nicholas Carleton, Ph.D., R.D. Psych.,
FCAHS, MCRSCP**
Professor of Psychology, Department of Psychology,
University of Regina Scientific Director, Canadian Institute
for Public Safety Research and Treatment (CIPSRT)

Dr. Margaret McKinnon, PhD, CPsych
Homewood Chair in Mental Health and Trauma
Professor and Associate Chair, Research, Department of
Psychiatry and Behavioural Neurosciences, McMaster
University
Research Lead, Mental Health and Addictions,
St Joseph's Healthcare Hamilton

Dr. Lorraine Smith-MacDonald, PhD
Co-chair, Department of Psychotherapy and Spirituality,
St. Stephen's College, University of Alberta

REGISTER



DATE | TIME

Thursday, April 18, 2024

9:00 am – 10:00 am CST/MDT

11:00 am – 12:00 pm EDT

www.cipsrt-icrtsp.ca/en/panel-discussion-moral-injury