



## POST-TRAUMATIC STRESS INJURIES IN PUBLIC SAFETY PERSONNEL WEBINAR SERIES CIHR CATALYST GRANTS

# SESSION 2

**November 5, 2020:** 12:00 -12:45 pm EST, 11:00 -11:45 am CST

A randomized control trial examining the treatment efficacy of a novel approach to cognitive remediation in public safety personnel with post traumatic stress disorder (PTSD) and co-morbid conditions

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The goal of the current study is to examine the effectiveness of an intervention strategy called Goal Management Training (GMT). This training is aimed at reducing the cognitive performance changes and improving return to work timelines in the PSP population with PTSD and other conditions. The GMT program has already proven effective with other groups, so the hope is that PSP will respond similarly. Using the best practice randomized control methods, the research team will put a large group of PSP through GMT.

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