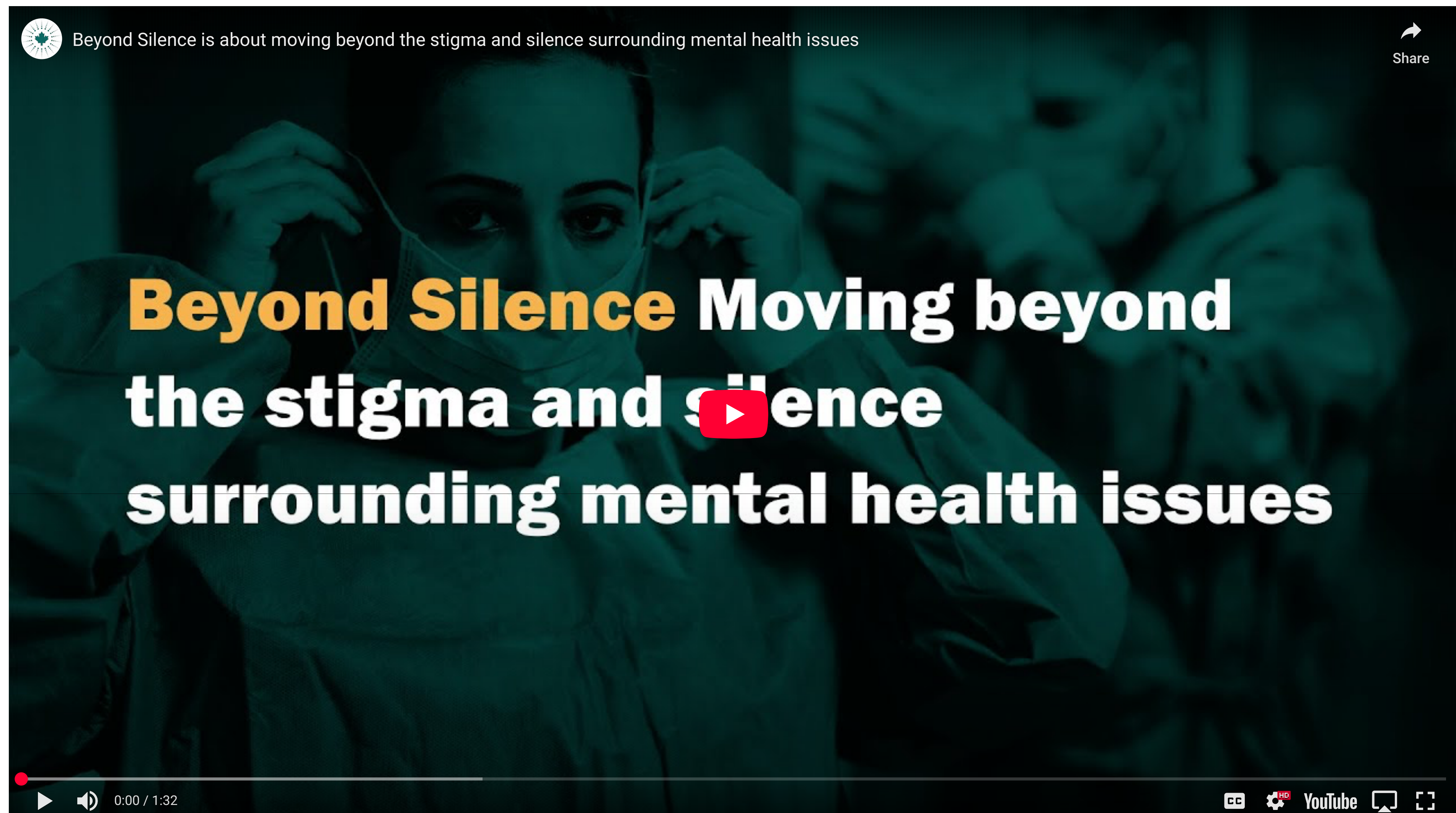


This website is no longer being updated. Please visit the [Canadian Institute for Public Safety Research and Treatment \(CIPSRT\)](#) website for up-to-date information, tools, and resources for public safety personnel.



Beyond Silence: E-mental health solutions co-designed by and for healthcare workers

Beyond Silence is a series of resources co-designed by and for healthcare workers to reduce barriers to accessing mental health information and support, and provide real-time access to confidential, quality peer support.



PHAC Project - Advancing E-mental Health Solutions to Support Healthcare Workers

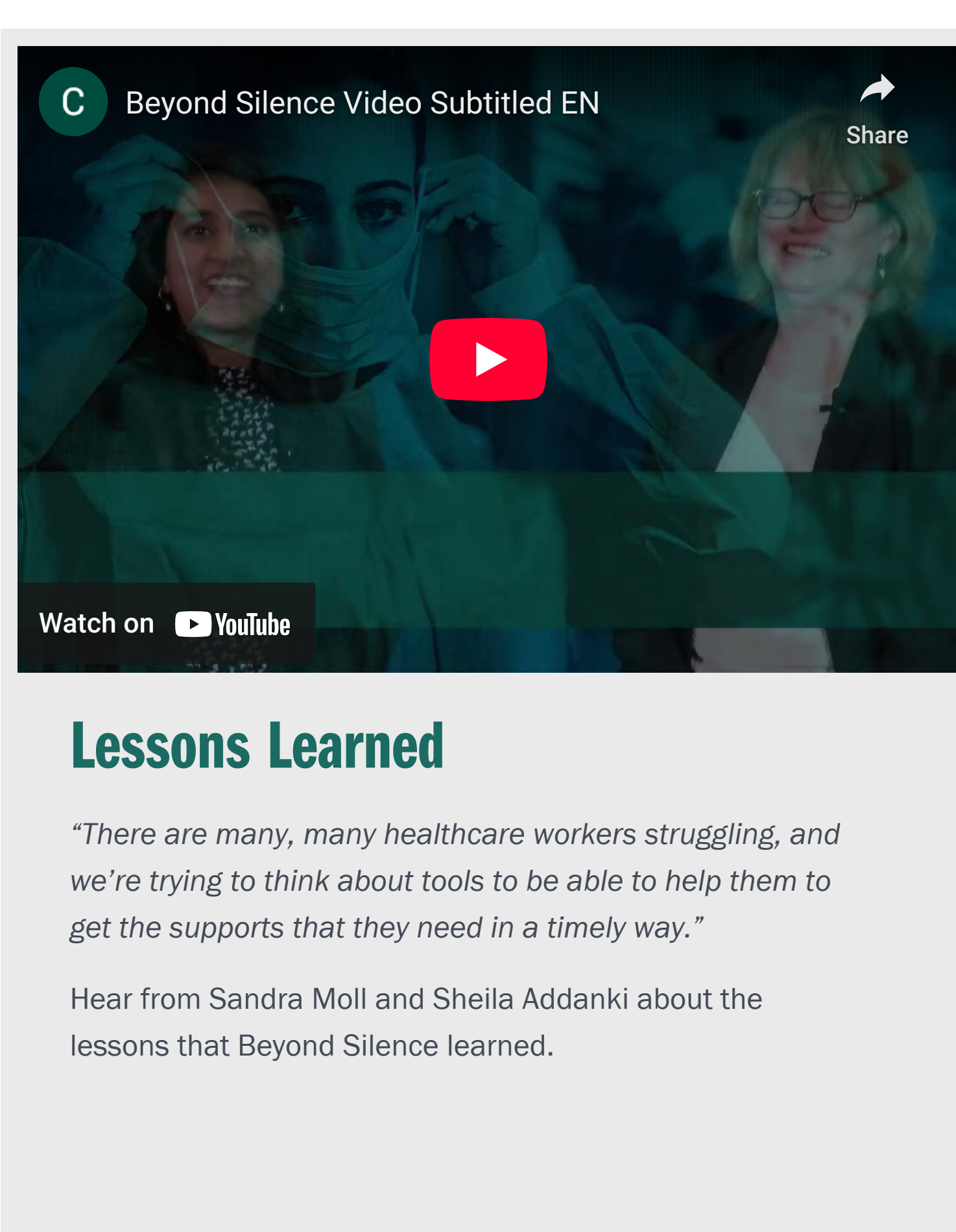
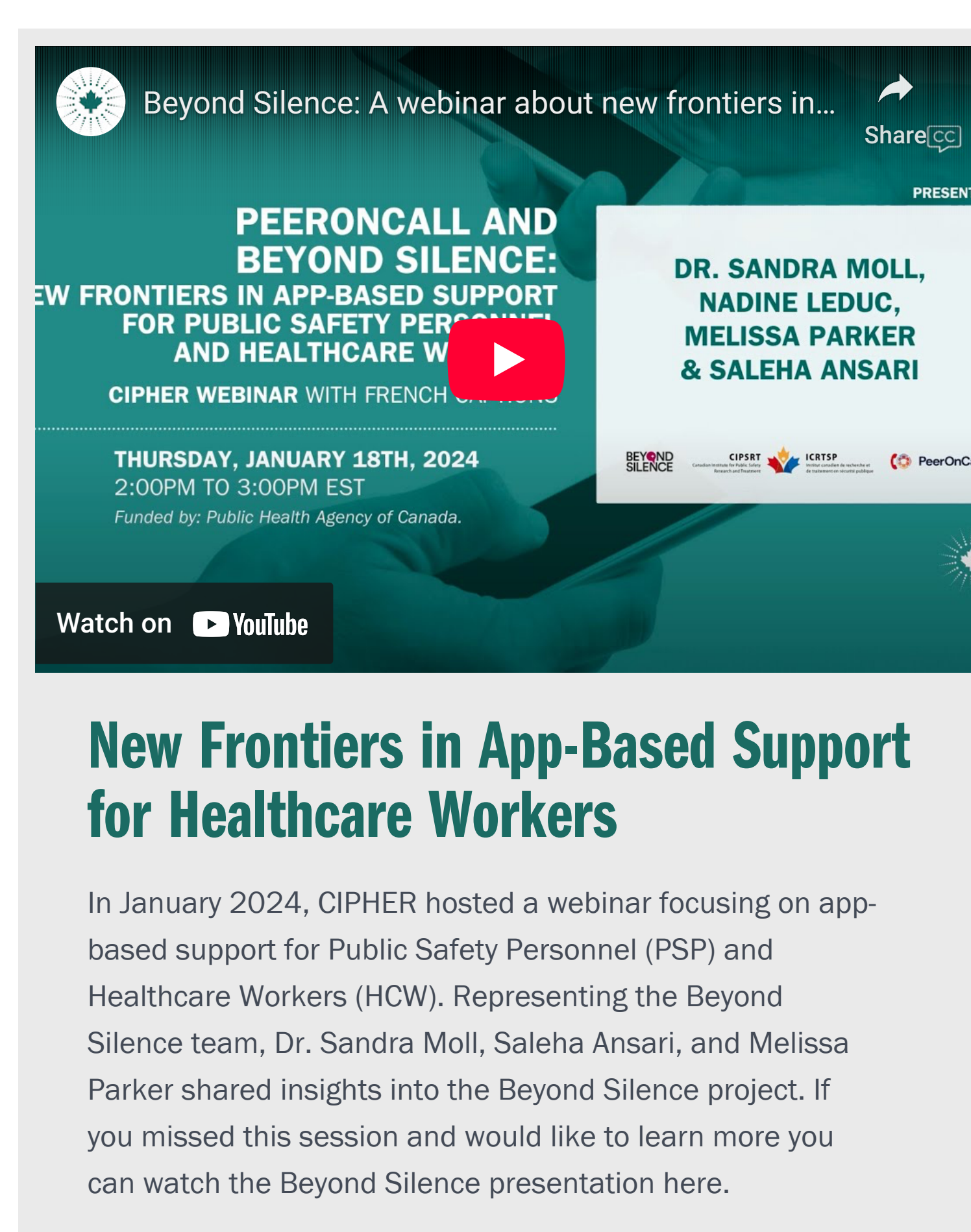
The Beyond Silence project was awarded funding to advance, test, and implement the Beyond Silence App and Peer Support Training Program in 8 diverse healthcare organizations across Canada. Financial Contribution from the Public Health Agency of Canada.



An Introduction to Beyond Silence

Get an introduction to Beyond Silence from Sandra Moll, Principal Investigator.

Resources



Our Impacts and Milestones

As of March 2024

App Usage Data

1352



Beyond Silence app downloads

81



Completed Peer Support appointments

902



Menta health content views

To learn about current research activities, project status, or to learn more about Beyond Silence, please visit our website or email us via the links below:

Email us

Visit our website