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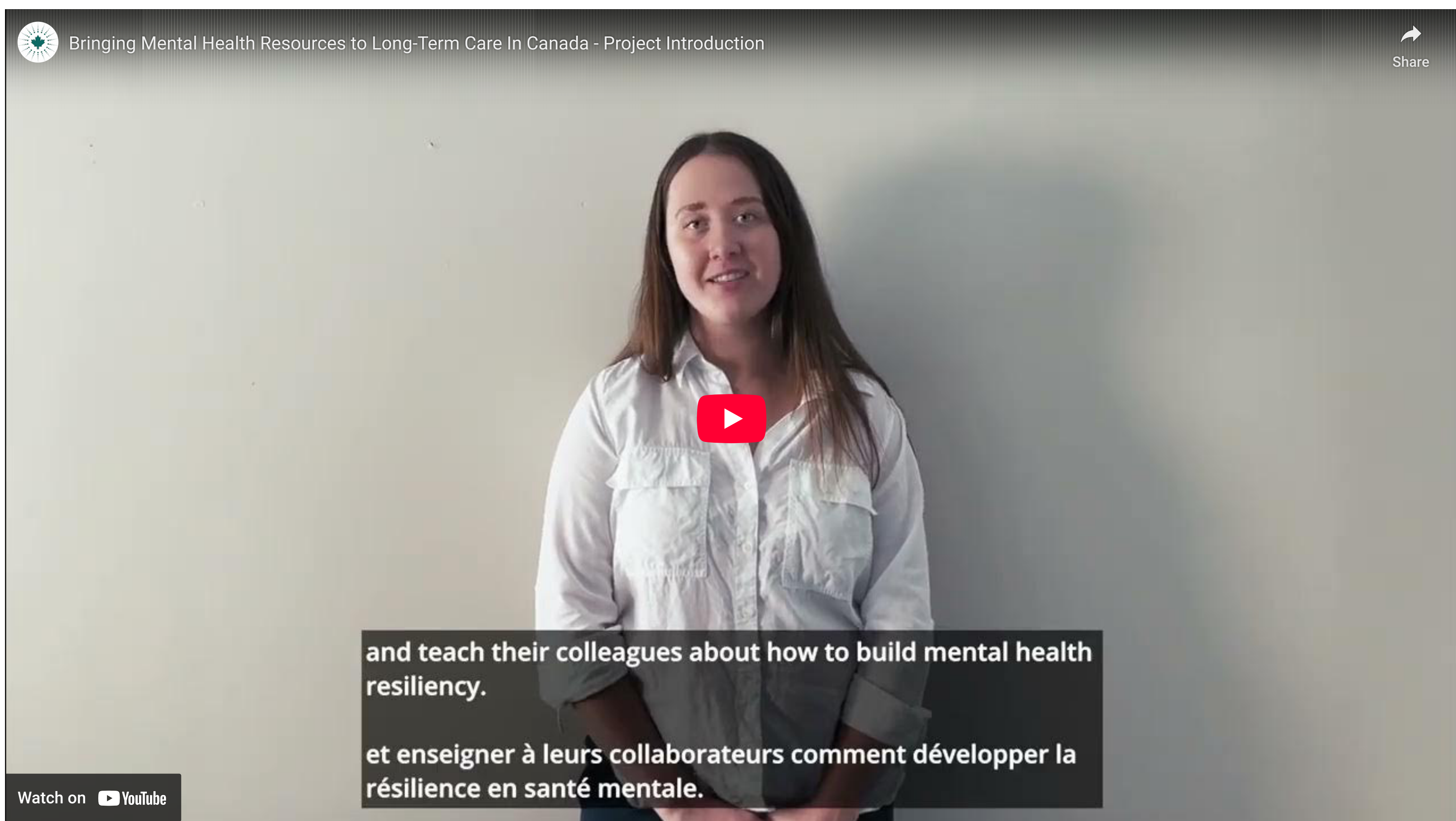


Bringing Mental Health Resources to Long-Term Care In Canada

Bringing mental health resources to long-term care will equip long-term care staff with the capacity to deliver training that builds a common baseline of knowledge on what mental health is, why it matters, and what to do when mental health needs are identified in oneself and/or a peer. This program will not only build on the unique complexities in long-term care through a customized version of the Working Mind program, but it will also implement a train the trainer model so staff can administer the custom course in their long-term care home.

If you'd like to learn more about the Canadian Association for Long Term Care and the Working Mind program, you can access their new website using the link below.

Click Here



An Introduction to the Canadian Association for Long Term Care

Get an introduction to the Canadian Association for Long Term Care (CALTC) and the Working Mind program from Liz Thompson, the project manager.

Project Resources

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CALTC EN

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which made it extremely challenging to care for the residents.

Watch on YouTube

Lessons Learned

"We are bringing a mental health education program into long-term care homes to support staff and help them become more resilient and support their mental health to the best of their ability, while we still deal with these challenging times with staffing shortages and underfunding."

Hear from Liz Thompson about the lessons that the Canadian Association for Long Term Care learned.




Bringing Mental Health Resources to Long-Term Care

Explore how CALTC has adapted The Working Mind Program (TWM) from the Mental Health Commission of Canada to be used within long-term care homes to better assist healthcare professionals and their staff.

The following resource is only available in English.

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Educating more than 3,800 long-term care staff across Canada

Supporting the Mental Health of Long-Term Care Staff

The Canadian Association for Long Term Care and Mental Health Commission have partnered to deliver the Working Mind Program for long-term care staff.

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