

## Advancing Peer Support Programming to Address PTSD and Trauma Among Canadian Public Safety Personnel and Veterans

The Advancing Peer Support Program provides a coordinated national approach to progress peer support for public safety personnel (PSP), enable evidence-based improvements and standardization, and ultimately establish independent, nationally recognized accreditation for peer supporters.

Three streams of research make up the Advancing Peer Support Program. Although each group has a unique focus, they are all dedicated to improving peer support and mental health services for Canadian PSP.

## **Stream 1 - National Peer Support Community Network (PSCN)**





The purpose of PSCN is to establish a Peer Support Community Network and bring together peer support leaders who are dedicated to advancing best practices for peer support for Canadian PSP.

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## **Stream 2 - OnCall Peer Support Mobile-Health Apps**



This project focuses on advancing the PeerOnCall and PeerOnCall Support mobile health apps, facilitating peer support for PSP such as firefighters, paramedics, correctional workers, and public safety communicators.

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## **Stream 3 - Online Repository of Mental Health Services for PSP and Veterans**



Stream 3 focused on enhancing an online repository for mental health resources designed specifically for PSP. In March 2023, Advancing Peer Support: Stream 3 concluded when their objectives were met.

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