



CIPSRT | ICRTSP

SYMPOSIUM

PROGRAM

Subject to change

DAY 0

Monday, March 18, 2024

4:00 PM to 7:00 PM

Alta Vista Room

Pre-symposium Registration

DAY 1

Tuesday, March 19, 2024

8:30 AM to 4:30 PM

Victoria Room

7:30 AM – 8:30 AM

Breakfast & Registration

8:30 AM – 9:30 AM

Section 1: Symposium Opening Ceremonies

9:30 AM – 10:30 AM

Section 2: CIPSRT Introduction

Dr. R. Nicholas Carleton, Dr. Leslie Anne Keown, & Dr. Alexandra Heber

The session will provide an introduction to CIPSRT, providing a brief history of the institute for context, and showcasing the organization team members and structures. The session will highlight several key successes and set the stage for the presentations that follow.

The CIPSRT introduction will be followed by a presentation on the “Glossary of Terms: Version 3.0”, and how this glossary serves as a prime example of pan-Canadian collaboration among academics, clinicians, frontline workers, community stakeholders and government policy-makers, who share a common goal to promote understanding of the impact of psychological trauma.

10:30 AM – 11:00 AM

BREAK

11:00 AM – 11:45 AM

Section 3: Dr. Margaret McKinnon & Marie-Christine (MC) Rivest

A brief overview of Public Safety Salute, a research and knowledge mobilization project to support the mental health and wellbeing of Canadian public safety personnel and to assist their supporters and organizations to create trauma-informed workplaces. Acting as a Knowledge Hub, the Canadian Institute for Pandemic Health Education and Response (CIPHER) currently curates and mobilizes the resources generated by nine designated research projects, developing materials that address the mental health and wellbeing needs of Canadian healthcare workers, public safety personnel, their families, and caregivers.

11:45 AM – 12:30 PM

Section 4: Dr. Heather Hadjistavropoulos & Dr. Nathalie Reid

This session will provide detailed information on PSPNET and PSPNET Families, which provide online evidenced-based mental health support for public safety personnel members and their families.

12:30 PM – 1:45 PM

LUNCH

1:45 PM – 3:00 PM

**Section 5:
Corrections – Dr. Rosemary Ricciardelli & Officer James Bloomfield**

Drawing on longitudinal qualitative data, this presentation speaks to how correctional officers describe their experiences of morally injurious behaviors and how these interpretations are deeply rooted in changing understandings of how the public perceive correctional officers.

Families – Dr. Heidi Cramm & Chief Bruce Krauter

Public safety personnel families are important to recruitment and retention. We will outline supports and resources for public safety personnel families, the Garnet Families Network for public safety personnel families and those who support them, and progress in supporting public safety personnel organizations and associations in advancing families-forward policy and programming.

Skills Training – Dr. Andrée-Ann Deschênes & Dr. Gregory Krätzig

Following the identification of the psychological support needs of police officers, what does the police manager need to know? This presentation will address the role, the vulnerable moments in a police career, and training of police managers.

3:00 PM – 3:15 PM

BREAK

3:15 PM – 4:15 PM

**Section 6:
Fire – Dr. Joy MacDermid & Chief Ken McMullen**

A brief overview of the UNALARM model that links: heart disease, mental health and cancer risks and health outcomes related to firefighting; implications for health screening and interventions; and current FIREWELL research studies addressing these concerns.

Suicide – Dr. Simon Hatcher & Sarah McEwen

A brief review of suicide prevention in public safety personnel with an emphasis on the role of families.

4:15 PM – 4:30 PM

CLOSING REMARKS

5:00 PM – 7:00 PM

**Evening Networking Event for Day 1
The Summit Room**

DAY 2

Wednesday, March 20, 2024

9:00 AM – 2:30 PM
Victoria Room

8:00 AM – 9:00 AM

Breakfast

9:00 AM – 9:30 AM

Section 7: Welcome to Day 2

9:30 AM – 11:00 AM

**Section 8:
Police – Dr. Kyle Handley & Sergeant Casey Ward**

An overview of contemporary work with police officer mental health, with discussions concerning challenges and successes, identifying gaps, and highlighting effective actions that can occur.

Clinical – Dr. Megan McElheran & Dr. Kelly Schwartz

Operational stress and posttraumatic stress injuries that impact public safety personnel and their families demand evidence-informed programs delivered by mental health professionals that proactively address negative psychological and social impacts and build resilience. Bringing together the rigour of empirical validation with the expertise of trauma-trained clinical practice, this presentation will share about Canada-wide efforts to advocate for and deliver available and accessible mental health supports for public safety personnel and their families.

Paramedics – Dr. Renée MacPhee & Chief Marc-André Périard

An overview of contemporary work with paramedic mental health and occupational stressors, with discussions concerning challenges and successes, identifying gaps, and highlighting effective actions that can occur.

Peer Support – Dr. Sandra Moll & Chief John Heffernan

Update on current research related to peer support, with a focus on implementation of PeerOnCall, a new mobile health app designed by and for public safety personnel. Key learning will be presented from research in over 34 public safety personnel organizations across Canada.

11:00 AM – 11:15 AM

BREAK

11:15 AM – 12:30 PM

**Section 9:
Innovative Approaches – Karen Prokopec**

An overview of the leading-edge work being done with the Ontario Mental Health Secretariat in support of public safety personnel mental health, showcasing challenges and successes, and providing pathways for similar solutions across Canada.

RCMP Study/Extension – Dr. R. Nicholas Carleton

Presents a brief overview of the RCMP Study and the Extension of the RCMP Study to other public safety personnel sectors, including the most current results and how those can help inform mental health improvements for everyone.



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WORKING LUNCH

1:00 PM – 2:00 PM

Section 10: Closing Summit

This panel discussion will synthesize the symposium presentations and experiences, identifying key opportunities and challenges, and providing broad take-home themes for all attendees.

2:00 PM – 2:30 PM

Section 11: Moving Forward

The final session will present some exciting upcoming CIPSRT related events, outline the broad vision for CIPSRT going forward and underscore CIPSRT's commitment to inclusive engagement and tangible outcomes for public safety personnel, their leaders, and their families.

2:30 PM

CONCLUSION OF SYMPOSIUM

Together We Are Stronger