



VIRTUAL TOWN HALL

Self-Care during Times of Crisis and Change

June 22, 2020

**10:00 AM PST, 11:00 AM CST, 12:00 PM CDT, 13:00 PM
EST, 14:00 PM AST, 14:30 NST**

Presenter:

Meghan Provost

**Director, Workplace Wellness & Employee Wellbeing
Correctional Service of Canada / Government of Canada**

The Steering Committee for Mental Health Injuries at the Correctional Service of Canada is hosting a presentation and panel discussion related to supporting employees in using self-care strategies during the COVID-19 pandemic and as we work together to shape the new normal.

Presented by the CIPSRT COVID-19 Readiness Resource Project

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